



CREATIVE STEPS

ONLINE CLASS PROGRAMME

JUNE – JULY 2021



Welcome!

What is the Creative Steps Programme?

We use creative participation to promote positive mental health and wellbeing.

We are currently offering a number of online groups as we take a blended approach to our services throughout June and July.

If you are not yet signed up to the Creative Steps programme and want to find out more about how to get involved, please get in touch.

Class Information

- Classes last for **1 hour** each.
- Classes are delivered using **Zoom**. You will need a device with internet access to join the group. If you want to participate, your device will need a camera and microphone.
- Please follow our group guidance when attending an online session. You can see this on the next page.



How to Sign Up:

1. Have a look through this booklet and decide which classes you want to sign up to.
2. Contact us to sign up: email creativesteps@plantation.org.uk or call **0141 387 2596**
3. Collect your materials pack from Gallery 966 during our Wednesday drop in (10 - 12)
4. We will email the class link the day before the class, or use the Zoom code on your pack.
5. Click on the link at the time of the class. Have fun!

ZOOM CLASS GUIDANCE

Before the group starts, make sure you are comfortable and sitting a place in your home where you have peace and quiet, free from too much background noise.

ENGAGEMENT

If you need a break, please take one.

If you want to stop attending, you can do.

There is no expectation that you will take part - you can choose to just watch along and chat if you prefer.

It can be confusing if more than one person is speaking, so please be respectful and do not talk over others. We will remove anyone from the meeting that is being disruptive or making people uncomfortable.



CONFIDENTIALITY

You can choose to attend anonymously if you want to.

Please respect the privacy of those attending the digital group. Do not share the details of who is attending or anything you hear and please don't take photos or screenshots of the meeting.

Please do not share the class link or meeting details with anyone else.

If there is anything we can do to make things more accessible for you, or if you have any suggestions for us, please get in touch.

Craft Classes

WEEKLY MIXED CRAFTING GROUPS

Join our weekly online crafting groups!

Every week we will work on a different crafting project. These online groups will run at the same time every week - Monday and Thursday, 11:00 - 12:00.

You can collect materials at our Wednesday drop in the week before the class. You can also choose to use your own materials.

This is an open group, so there is no expectation that you will attend every week. If you are busy or do not feel like taking part, simply skip a week.

These online groups are a great place to be creative, try something new and connect with others.

We have two classes running each week and we will do different activities in each.

You are welcome to sign up to just one or both of the classes.

MONDAY CRAFTING GROUP



EVERY MONDAY

11:00 - 12:00

TUTOR: VANESSA

Start off your week with a bit of crafting! Join us for our Monday morning online crafting group.

See above for more details.

THURSDAY CRAFTING GROUP



EVERY THURSDAY

11:00 - 12:00

TUTOR: VANESSA

Join us online every Thursday morning to try something creative and connect with others.

See above for more details.

PACK COLLECTION DROP IN



EVERY WEDNESDAY

10:00 - 12:00

We have the following packs available to collect from our base at Gallery 966 in Govan:

Class Materials Packs - containing everything you need for the class that you have signed up to.

General Crafting Packs - containing the materials you need for a crafting project to do in your own time.

Please follow all safety guidance when visiting the Gallery. Pack collection times will only run if current government guidance permits us to be open.

WOODEN NATURE CHARMS: ELDERPARK CRAFT ATTACK WORKSHOP



TUESDAY 15TH JUNE

11:00 - 12:00

TUTOR: FIONA

Get involved in the Elder Park Craft Attack Event! To celebrate the renovation works of Elder Park's Govan Road Entrance we will be taking part in a joint crafting project, along with other organisations throughout the area. Our craft project will involve decorating beautiful wooden hanging decorations which will be displayed together.

You will receive a pack containing an item relating to the heritage of the area and different crafting materials to give you plenty of options. Complete this in your own time, or join our online workshop to chat with others and share ideas.

Sewing Classes



All classes are suitable for beginners. These are hand sewing classes, so do not require a sewing machine.

SEWING: TRAVEL / GIFT TAG



FRIDAY: 11TH & 18TH JUNE (2 WEEKS)

11:00 - 12:00

TUTOR: MORAG

Add a bright label to your luggage or gifts with our tag making classes. After assembling the tag, we will use embroidery to decorate - you can choose either a travel theme or a celebration theme depending on how you wish to use your project.

SEWING: BOW HAIR TIE



FRIDAY: 11TH JUNE (1 WEEK)

12:30 - 13:30

TUTOR: MORAG

Design your own bow hair ties - perfect for your hair, wrists or even to help tidy things like charger cords.

These would also make lovely gifts!

SEWING: SUNGLASSES CASE



FRIDAY: 18TH JUNE (1 WEEK)

12:30 - 13:30

TUTOR: MORAG

As we - hopefully! - have a lovely summer ahead of us, why not make a pretty case for your sunglasses. Protect your glasses as they sit in the bottom of your bag waiting for the sun! These are perfect for standard eyeglasses too.

SEWING: HOME DECORATION



FRIDAY: 25TH JUNE & 2ND JULY (2 WEEKS)

11:00 - 12:00

TUTOR: MORAG

Join us to learn how to make pretty heart 'HOME' bunting. This would be lovely to decorate your own home or to give as a housewarming gift.

You are also welcome to choose your own word if you would prefer.

SEWING: FELT WATERMELON



FRIDAY: 25TH JUNE (1 WEEK)

12:30 - 13:30

TUTOR: MORAG

Add a bit of bright cheer to your desk or sewing bag with this cute felt watermelon.

Use this as a little decoration or, as shown in the photo, it would make a great pincushion for your sewing projects.

SEWING: HEART CUSHION COVER



FRIDAY: 2ND, 9TH & 16TH JULY (3 WEEKS)

12:30 - 13:30

TUTOR: MORAG

If you are looking for a beautiful decoration for your home, try our Heart Cushion class. You will be taught various embroidery techniques to add different patterns to your heart.

A beautiful project, taught over three weeks.

SEWING: FELT LANTERN



FRIDAY: 9TH JULY (1 WEEK)

11:00 - 12:00

TUTOR: MORAG

These bright felt lantern decorations would be perfect for a party.

After you learn the technique, you could make a bundle of these to string together.

SEWING: EMOJI KEYRING



FRIDAY: 16TH JULY (1 WEEK)

11:00 - 12:00

TUTOR: MORAG

Sew your own mini emoji keyring!

These are a great way to add a bit of joy to your keys or bag.

A relaxed and fun class.

CREATIVE STEPS

Gallery 966, 966 Govan Road, Glasgow, G51 3AJ

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www.creativesteps.org.uk

